



W/C 22/09/2008: I CHALLENGE YOU

Time	Activity	Notes	Who
5	<p>Welcome & Opening Ceremony</p> <p>Start the evening and explain to them what they will be doing that evening.</p>		
20	<p>Game: Squirrels (POL 206)</p> <ul style="list-style-type: none"> - Place four chairs at the corners of an imaginary square, facing towards the square's centre - Split the Section into four teams, giving each team member a number - Each team is allocated a chair and line up behind it in number order. If teams are unequal, some young people can have more than one number. - Reads out the rules, as follows: When you hear your number called you can try to get three bean-bags on to your team's chair You must have one hand behind your back at all times You can only carry one bean bag at any time and can steal a bean bag from another team's chair No-one is allowed to touch the chairs. If a bean bag is thrown to a chair and falls off, it is thrown into the middle - When everyone understands the rules, throw four bean-bags into the centre of the square and call out a number - The winner is the first Young Person to get three bean bags onto their chair - Throw more bean-bags into the middle during the game. - When a team gets 3 bean bags on their chair, blow a whistle 	<p>Equipment: 6 bean bags, 4 chairs, 1 whistle</p>	
45	<p>Patrol Activity: I Challenge You</p> <ul style="list-style-type: none"> - Prepare a list of silly challenges (an example list is attached) - Allow up to five minutes to complete each challenge, and prepare about 25% more than you think you need for the time available - Divide the Troop into patrols / equal teams - Read out the challenges, and award points to the "winning" team - Add up the total scores announce the winning patrol / team 	<p>Resources: Challenge Sheet</p>	
15	<p>Game: Action Spelling (POL 279)</p> <ul style="list-style-type: none"> - This activity works well with 3 groups of between 4 - 7 scouts - Each team has a set of letters (Prepare the activity by writing the letters as bold capitals on A4 paper. Use a different colour for each team and either laminate them or slip each sheet into a clear plastic folder.) - When the question is asked, each team must decide the answer and then spell it, holding up the letters they have in front of them - No Scout can hold up more than two letters, and the answers must be correctly spelt 	<p>Resources: Question Sheet, A4 letters</p>	
5	<p>Closing Ceremony</p> <p>Wrap up the evening, give out any notices for next week etc.</p>	<p>Notices: Give out any notices for the coming weeks.</p>	SL

I Challenge You...

... to stand on one leg, with your eyes closed; last Team with a member still standing wins!

... to form a human pyramid of at least 3 layers, involving ALL the members of your Team

... to each tie a different knot in a single piece of rope

... to recite all seven parts of the Scout Law - in the correct order - as a team

... to improvise a hat for every member of the team, each hat to be different

... to get the whole team from one end of the hall to the other, WITHOUT touching the floor, using only 2 chairs

... to each drink a whole cup of water out of the WRONG side of the cup; without spilling any water

... to work out the average age of your team

... to draw, from memory, and identify 5 different map symbols

... to each touch all four walls, floor and ceiling and fall back in to your team

... to each sit completely still and silent for five minutes

... to seat every member of your team on one chair at the same time

... to make a cup out of a sheet of paper, the cup must hold water

... to each balance a balloon on the end of your nose

... to each burst a balloon - no hands, no teeth, no feet, no knees, no elbows

... to each write your name, holding the pen / pencil in your mouth

... to sing the 1st verse of the National Anthem, as a team, correctly!